

Let's do it

If you haven't made your journal yet, refer back to the beginning of **Pack 2** or look on the next pages for your label!



You are now ready to go into the forests of the Lebiale Highlands. Get your rainforest journal at the ready and turn on the camera... When you have finished your trek, have a go at the activities to help create the ultimate field notes.

To turn on the camera, scan the QR code or follow the link.



Remember: every explorer takes field notes (pieces of information and sketches in their notebooks). Use your rainforest journal to complete these tasks.

Start with some key details. **Set the scene.** Things like this are important so that anyone reading your notes knows the kind on conditions you found these plants and animals. This can help them look in the right places to find them too.

Date: What's the date you're doing the activity?

Location: Write the name of the rainforest

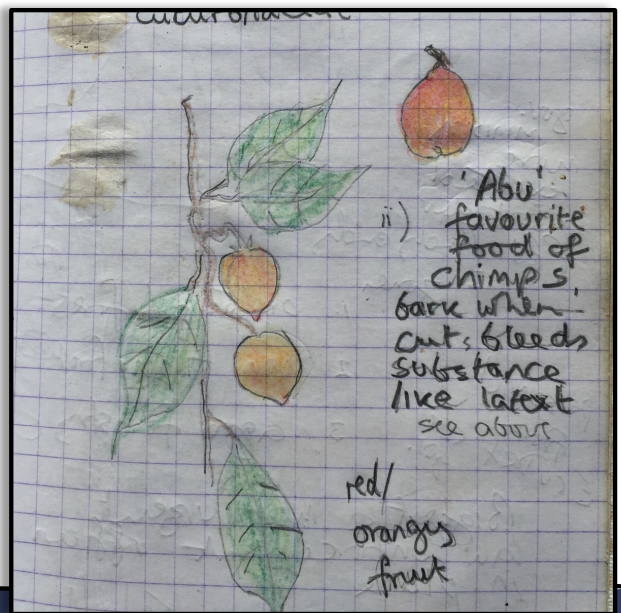
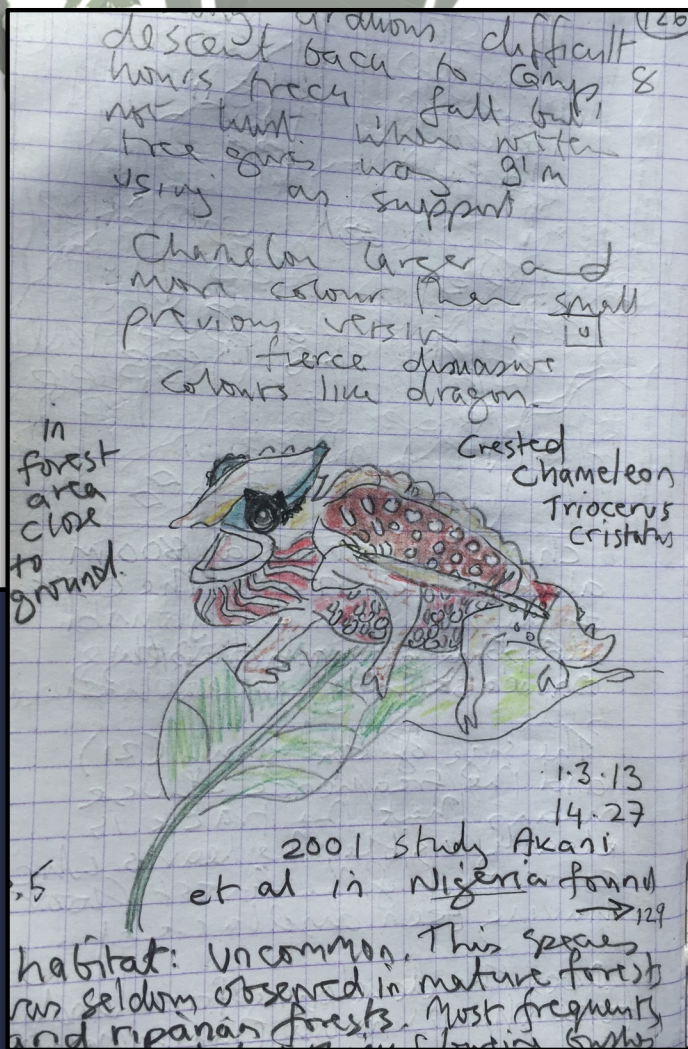
Weather: What is the weather like in the video? Is there any mention of it being hot or raining?

Terrain: What is the ground like that you are walking on? Flat ground, easy walking or are you heading further up the mountains. Where it will be steeper and more difficult to walk?

Once you have seen all of the photographs in the virtual trek video, you should **go back to the video and look carefully.** Pause the video to take a longer look. **Is there something special in the photograph,** an animal or insect hidden among the leaves?

Rainforest ranger illustrated by Shannon Bowes





These are John's actual field notes!

Choose 1 or 2 photographs from the video to **write notes** about and **do a drawing** to show what you have seen.

Jot down everything you know about the species and label any special features.

Look for foods they eat... fruits, berries, leaves and tree bark. Have any been half eaten? Does it look as if any bark has been removed from the trunk?



Camera trap footage

Cross River gorillas are very elusive. That means they are difficult to see. We rely on cameras for sneak peaks of them!



Footprints Note how gorilla toes are longer than ours. Look to see if there are any footprints on the ground.



Ground nests Cross River gorillas sleep on the ground in fresh nests every night.

Did you find any evidence for gorillas on your virtual trek? Write up in your Rain Forest Journal what evidence of the Cross River gorilla you found. Any of these?

Now **write a rainforest report** on what it was like in the forest and what you saw.

- what did it feel like?
- were you frightened?
- what was the most exciting part?

At the end of the video, something was approaching. You can use your imagination to make up an encounter with a gorilla. Make it realistic. Remember they may look fierce but will not attack.

Use some of the words below as prompts if you need to:

Nervous Glistening Exhausted Fresh
Rotten Shady Creeping Howl
Chatter Buzz Fragrant Scampering
Humid Rustling Brilliant Huge

If you haven't got a label for your rainforest journal, Print out this one to stick on the front of a notebook.

