

Welcome to the Lebialem Highlands

Let us begin by teleporting your mind to the rainforest. Click the link or scan the QR code on your device camera to listen to our guided imagery of the Lebialem Highlands. If alone, best enjoyed through headphones. If listening as a group, we recommend a generous volume.



Destination:
Lebialem Highlands,
Cameroon



<https://youtu.be/+3VFuizjXY4>



You have now visited the
Lebialem Highlands in your
imagination.



Look at the photographs on this
page and the next. Are they as
you imagined?



In **Pack 3** you will be invited on
a virtual trek through this
rainforest with director of CRGP,
John Daniels.



It is very important that you
learn about and understand the
rainforest before you enter it.

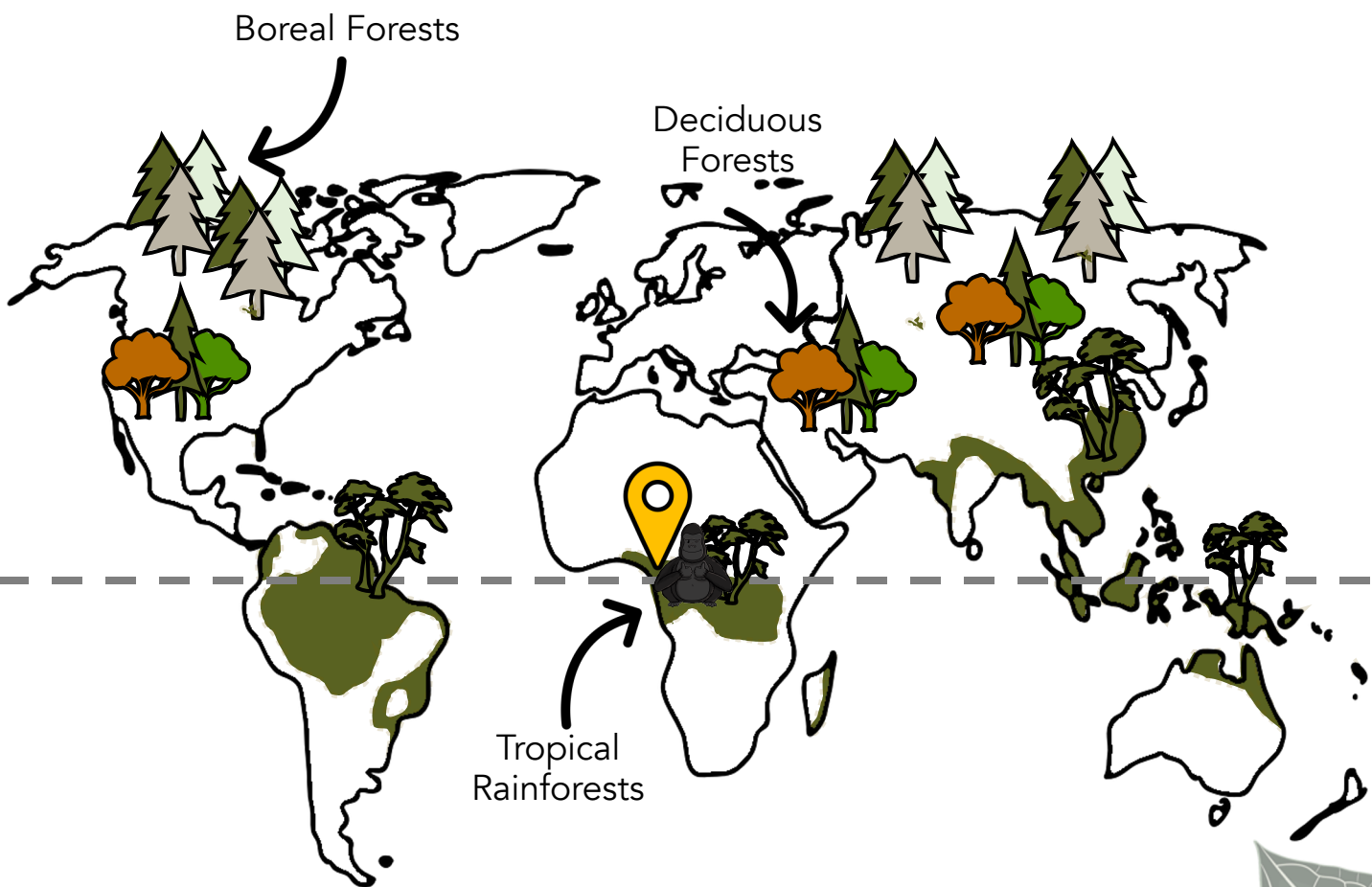


Throughout **Pack 2** we will help
you prepare for your trek and
explain why this precious
habitat is so important to our
planet.





FUN FACT: These pictures of the Lebiale Highlands were taken by our very own director, John Daniels, during his travels.



The Lebiale Highlands are located along the equator in Africa. Try locating this on the map. How far is this from where you live?



All explorers take notes 'out in the field' (this is what we call doing research out in the wild, instead of in a lab or classroom). It would be really helpful for you to have a Journal for your expedition.

Why not put one together now using a notepad you already have and sticking this template on the front cover? If you think there's anything important you'd like to jot in it from **Pack 2**, go for it!

